

Mental Health Resources

Family Doctors – They provide about 70% of all psychotropic prescriptions and are often the quickest and most comfortable way to get care.

There are over 100 private psychiatrists in the Indianapolis area. Referrals usually come thru the family doctor but can be scheduled directly.

Aspire Community Mental Health Center (CMHC): www.aspireindiana.org It is just north of St Vincent Carmel Hospital at 697 ProMed Lane, 46032. Emergency phone is 800 560-4038. Routine appointments are obtained through 877 574-1254

The largest provider of emergency MH hospital care in the Indianapolis area is through the Gallahue Pavilion at Community North Hospital.

Midtown CMHC: www.eskenazihealth.com
Crisis intake is through the ER at Eskenazi Hospital – about 1300 W 10th Street. 46202.
Routine intake calls 317 880-8491 This is the oldest CMHC in the State.

Gallahue CMHC: www.ecommunity.com
Emergency services at the Behavioral Health Pavilion at Community Hospital North just east of I-69 on 82nd St. Emergency number is 317 621-5700 Routine intake number is same. Gallahue has over 120 beds for acute hospital care.

The CMHC for the south side of Indy is Adultandchild.org Phone is 877 882-5122

The west side of town is served by cumminsbhs.org. Phone is 317 272-6365.

Services at a CMHC used to be restricted in a geographic fashion but now any person can seek care at any center.

A new NeuroDiagnostic Institute and Advanced Treatment Center (NDI) opened in April 2019 adjacent to Community Hospital East at 16th and Ritter on the Indianapolis eastside.

The NDI replaces the old state hospital known as (LLarue Carter which has closed. NDI cares for the most severely ill patients and referrals come through the local CMHCs as well as private psychiatrists.

The Indiana Health Group is the largest private group in the area www.indianahealthgroup.com They have about 10 psychiatrists and over 20 therapists. Their phone is 317 843-9922 and they are located at 703 ProMed Lane 46032 and almost adjacent to the Aspire CMHC in Carmel

The Indiana University School of Medicine has outpatient psychiatry offices at 355 W 16th Street in the Neuroscience Building.
<http://psychiatry.medicine.iu.edu/clinical-care/for-patients/> Care is provided by psychiatrists as well as medical students and residents under their supervision. They also have some inpatient beds for adults and for children. They conduct research trials about genetics, causes of illnesses, and on the newest psychotropic meds. The intake phone for adults is 317 963-7300. For children's services it is 317 944-8162

All of the above facilities also offer some drug and alcohol abuse treatment. The largest facility in the area dedicated to treatment of abuse is Fairbanks Hospital www.fairbanksd.org They are located at 8102 Clearvista Pky 46256 and their phone is 800 225-4673

When patients need care and refuse to get it and are dangerous to themselves or others the family can get a 72 hour Emergency Detention at any of the CMHC's. In more urgent situations where the patient is in danger of harming self or others, one may call 911 and the police will generally take the patient to Eskenazi ER or the Community North ER where they can be assessed and possibly kept for 72 hours.

Suicide Hotline 988

This connects to the national suicide hotline. They can provide some immediate help and also connect someone to local help such as the agencies above.